



دکتر سید کاظم شکوری  
مدیر گروه آموزشی طب فیزیکی و توانبخشی  
۱- مشخصات :

***Seyed Kazem Shakouri, M. D.***  
***Professor***  
***Department of Physical Medicine & Rehabilitation***  
***Tabriz University of Medical Sciences***  
***Daneshgah Ave, Emam Reza Hospital, Tabriz, Iran***  
***Department: ++98(411)3373967***  
***Fax: ++98(411)3373967***  
***[shakourik@tbzmed.ac.ir](mailto:shakourik@tbzmed.ac.ir)***  
***[skshakouri@gmail.com](mailto:skshakouri@gmail.com)***

#### *Education*

1997-2000 *Physical Medicine and Rehabilitation residency.*  
*Tabriz University of Medical Sciences*  
*Tabriz, Iran*  
*Dissertation: "Carpal tunnel syndrome in acromegaly".*  
*Supervisor: Mohammad S Sadighmostofi ,M.D.*  
1990-1997 *M.D., Tabriz University of Medical Sciences*  
*Tabriz, Iran*  
*Thesis: "medical students' attitude toward future"*  
*Supervisor: Nemat Bilan, M.D.*

#### *Academic Appointments*

5/ 2001-4/2005 *Assistant Professor of Physical Medicine and Rehabilitation*  
4/2005-3/2011 *Associate Professor of Physical Medicine and Rehabilitation*  
3/2011-present *Professor of Physical Medicine and Rehabilitation*  
*Tabriz University of Medical Sciences*  
*Tabriz, Iran*

#### *Academic Administrative Appointments*

1997-1998                      *Chief resident, Physical Medicine and Rehabilitation*  
*Tabriz University of Medical Sciences*  
*Tabriz, Iran*

2001-2002                      *Vice chancellor of Rehabilitation Faculty*  
2002-2004                      *Vice chancellor of Tabriz University of medical science*

2004-present                      *Head of Physical Medicine and Rehabilitation Department*  
*Tabriz University of Medical Sciences*  
*Tabriz, Iran*

#### Other Positions

9/2004-present                      *Academic member of physical medicine and rehabilitation Iranian board*

#### Licensure and Board Certification

1996                                      *Iranian Physician License No. 64459*

2000                                      *Iranian Board of Physical Medicine and Rehabilitation Certification*

#### Certifications for course and workshop attendance

1. *Clinical observation program. Mayo clinic Rochester MN. March-Feb 2010*
2. *Electro-neurophysiologic course .Oxford, Wadham college March 2005*
3. *Academic Skills Course: educational management and planning, educational counseling, teaching methodology, student assessment, program evaluation, research methodology and computer assisted teaching. Education Development Center, Tabriz University of Medical Science .Tabriz, Iran April –Sep 2009.*
4. *Acupuncture course. Seoul ,south Korea April 2007*
5. *Edition of national standards and cooperation in edition of international standards .East Azerbaijan administration of Standard and Industrial Research .Tabriz , Iran ,2002.*
6. *Sport Medicine Course. International Olympic Committee .Tehran , Iran.22-24 June , 2003*
7. *Sports Massage Workshop. Sports Medicine Federation of Islamic Republic of Iran. Tehran, Iran.20-23 June, 2004.*
8. *English for Academic Purposes: Writing and Presenting Research Papers. Education Development Center, Tabriz University of Medical Science .Tabriz , Iran, Jan 2010.*

#### Research Interests

*Musculoskeletal and orthopedic Rehabilitation*  
*Sport Medicine*  
*Electro-diagnostic Medicine*  
*Cardiac Rehabilitation*

*Memberships in Professional Societies*

2000-present                      *Iranian Society of Physical Medicine and Rehabilitation*  
2001-present                      *ISPRM*

*Committee and Administrative service*

2008-present                      *Member of cognitive-movement disorders research team, Tabriz*  
*University of Medical Sciences*

*Editorial Positions, Boards and Peer-Review Service*

*Editorial board of cardiovascular journal*  
*Manuscript reviewer for:*

*Medical Journal of Tabriz University of Medical Sciences*

*Research proposal reviewer for:*

*Physical Medicine and Rehabilitation Research Center of Tabriz University of Medical*  
*Sciences*  
*Neurovascular Research center Tabriz University of Medical Sciences*

*Teaching*

2000- Present                      *Instructor, Cardiopulmonary rehabilitation. Part of the curriculum for*  
*the*    *Physical Medicine and Rehabilitation residency program*

2004-present                      *Instructor, Manipulation in physical medicine. Part of the curriculum*  
*for the*    *Physical Medicine and Rehabilitation residency program*

2000- Present                      *Instructor, Principle of Physical Medicine and Rehabilitation. Part of*  
*the Curriculum for the medical and physical therapy students.*

*Conference Presentations and Abstracts*

1999 to date: I have been attending several international and domestic seminars and workshops during which I have presented papers as follows:

1. Shakouri SK. Principle of prevention in sport injuries .Paper presented at the Scientific-Practical congress of physical education and sport, Tabriz, Iran, November 18,2000.
2. Shakouri SK , "effect of cardiac rehabilitation on 100 CABGs patients."Occupational congress in Singapore 2002
3. Shakouri SK, "Comparison of blink reflex in healthy persons and chronic renal failure patients". Tehran 2001
4. Shakouri SK "Effect of Radial artery harvesting on hand Function in CABGs Patients." Tehran 2003
5. Shakouri SK"Terminal Latency index in CTS." Tehran 2004
6. Shakouri SK" effect of concentric needle EMG on muscle enzymes." Neuromuscular disorder congress, Istanbul 2006
7. Shakouri SK "Biomechanics in low back pain." Tehran 2007
8. Shakouri SK "Effect of LLLT on fracture healing process. "PMR congress in Seoul 2007
9. Shakouri SK. Role of electrodiagnostic studies in low back pain. Paper presented at the National seminar of mechanical low back pain, Tabriz , Iran, May 28, 2002.
10. Shakouri.SK; Salekzamani Y. Non-Routine electrodiagnostic studies in the peripheral nerve injuries. Paper presented at the first congress of electrodiagnostic medicine in peripheral nerve lesions, Tehran, Iran , November 10, 2006.
11. Shakouri SK; Salekzamani Y. Team work in the neurologic rehabilitation and role of rehabilitation nurse. Poster presented at the second national congress of rehabilitation nursing in nervous system disorders, Tehran, Iran, December 20, 2007.
12. Shakouri SK; PFS. Paper presented at the 9th Iranian congress of physical medicine , rehabilitation and electrodiagnosis , Tehran , Iran , February 29, 2007.
13. Shakouri SK; Salekzamani Y, Mirzaie S &. Effects of thermoplastic lumbosacral orthosis with adjustable pelvic pad on chronic low back pain. Paper presented at the 7th scientific annual meeting of the Iranian Pain Society, Tabriz, Iran, May 4, 2007.
14. Shakouri SK.; Salekzamani Y, Lavasani MH & Myofasial pain syndrome in the athletes. Poster presented at the 5th Iranian congress of sport medicine, Tehran, Iran, May 23, 2007.
15. Shakouri SK; Salekzamani Y, Salekzamani M, & Mamikhani D. Survey of home modification interventions for prevention of fall in elderly. Poster presented at the 16th international conference on safe communities, Tehran , Iran, June 12 , 2007.
16. Shakouri SK. Principle of cardiac rehabilitation in the inpatient phase .Paper presented at the 10th Iranian congress of physical medicine , rehabilitation & electrodiagnosis, Tehran , Iran, December 12, 2007.
17. Shakouri SK , Salekzamani Y & Fatemi A. Proprioception abnormality in the knee osteoarthritis. Poster presented at at the 10th Iranian congress of physical medicine , rehabilitation & electrodiagnosis, Tehran , Iran, December 12, 2007.
18. Shakouri SK, Salekzamani Y , Agdasi MT , Salekzamani M & Hoshyar Y. The relationship between self-esteem and physical fitness among students of Tabriz university. Poster presented at 16th European Congress of physical and rehabilitation medicine, Brugge, Belgium, June 4, 2008.
19. Shakouri Sk , Oskuie MR, Eftekharsadat B, Soleimanpor J, Noshad M, Sadigi A , Alyari K & Salekzamani Y. The comparison effect of three different treatment modalities on

- fracture healing. Poster presented at 16th European Congress of physical and rehabilitation medicine, brugge, Belgium, June 4, 2008.
20. Shakouri SK ;Salekzamani Y , & Hoshyar Y. Effects of aerobic training in visceral fat of elderly. Poster presented at the first Iranian congress of metabolic syndrome, Tabriz , Iran, June 14, 2008.
  21. Shakouri SK . Use of EECF in cardiac Rehabilitation ward. Paper presented at the 11th Iranian congress of physical medicine , rehabilitation & electrodiagnosis, Shiraz , Iran, October 24, 2008.
  22. Shakouri SK ;Hoshyar Y , Salekzamani Y Effect of exercise on functional state after CABG. Poster presented at the 11th Iranian congress of physical medicine, rehabilitation & electrodiagnosis, Shiraz , Iran, October 24, 2008.
  23. Shakouri SK ;Salekzamani Y . Scoliosis management in the peripheral neuromuscular disorders of children. Paper presented at 8th scientific congress of Iranian Child Neurology Society , Mashhad , iran , October 7, 2008.
  24. Shakouri SK ;Salekzamani Y & . Role of pedobarography in orthotics and prosthetics. Poster presented at the 8th Iranian congress of orthotics and prosthetics , Tehran , Iran, November 17 , 2008.
  25. Shakouri SK ;Salekzamani Y & . Anthropometric parameters in the low back pain. Paper presented at the updated seminar of mechanical low back pain , Tehran , Iran, March 5, 2009.
  26. Shakouri SK ;Salekzamani Y & Principle of chest physical therapy in thoracic and abdominal surgeries. Poster presented at the East Azarbayjan Surgeons congress , Tabriz , Iran, July 23, 2009.
  27. Shakouri SK; Salekzamani Y , , Rahbar M , Topchizadeh V , Eftekharsadat B , Eslamian F , Taheragdam AA , Sadeghi H and Alizadeh M. EMG report club in physiatry residency educational program. Paper presented at 12th Iranian congress of physical medicine & rehabilitation and electrodiagnosis , Tabriz , Iran , October 8 , 2009 .
  28. Shakouri SK ;Salekzamani Y., Hoshyar Y , Samarbakhsh A , Ganjeifar V & Shamizadeh M. Chronic phantom pain in the leprotic patients. Poster presented at 12th Iranian congress of physical medicine & rehabilitation and electrodiagnosis , Tabriz , Iran , October 7 , 2009 .
  29. Shakouri SK ;Salekzamani Y. Role of complementary and alternative medicine in multiple sclerosis. Poster presented at 6th international Iranian congress of MS, Tabriz , Iran , October 15, 2009.
  30. Shakouri SK , Taheragdam A , Alizadeh N , Salekzamani Y, Nakhjovani MR. Carpal Tunnel Syndrome in pregnancy. Poster presented at the 6th international symposium on diabetes & pregnancy, Salzburg, Austria, March 24, 2011.

### Bibliography

I have published several article in international journals, some of these includes:

#### *Peer-reviewed publications*

1. Shakouri SK, Davoodi B. Role of blink reflex in diagnosis of subclinical cranial neuropathy in diabetes type 2. American journal of Phy.Med & Rehab.2006

2. Shakouri SK, Soleimanpour J , Salekzamani Y , Oskuie MR. *Effect of low-level laser therapy on the fracture healing process. Lasers Med Sci*, 25:73-77, 2010.
3. Shakouri SK, Eftekharsadat B , Oskuie MR , Soleimanpour J , Tarzamani MK , Salekzamani Y , Houshyar Y , Nezami n. *Effect of low-intensity ultrasound on fracture callus mineral density and flexural strength in rabbit tibial fresh fracture. J Orthop Sci*, 15:240-244, 2010.
4. Shakouri SK , Eslamian F , Azari BK , Sadeghi-Bazargani H , Sadeghpour A , Salekzamani Y. *Predictors of functional improvement among patients with hip fracture at a rehabilitation ward. Pak.j.Biol.Sci* , 12(23):1516-1520, 2009.
5. Jodati AR, shakouri SK, Nazari M, Raufie H “*Students attitudes and practices towards drug and alcohol use at Tabriz University of medical sciences “Eastern Mediterranean Health Journal 2007 Vol 13, No.4*
6. Salekzamani Y , Shakouri SK , Houshyar Y , Ghanjeyfar V , Samarbakhsh A , Shamizadeh M , Nezami N. *Clinical , electrodiagnostic and pedobarographic assessments of leprotic patients with trans-tibial amputation. Pak.j.Biol.Sci* , 12(16):1134-1139, 2009.
7. Eftekharsadat B, Shakouri SK Effect of E-Lacinita(L) ointment on carpal tunnel syndrome. Phytotherapy Research 2011
8. Sadraddini, Noshad, Shakouri SK, *Unguided sacroiliac injection in patient with spondyloarthropathy. Press Med. 2009*

*Peer-reviewed national publications (In Persian)*

1. Shakouri sk , Sadighmostofi MS. *CTS on acromegaly Tabriz Medical Journal* , 11(2): 81-85 ,2000.
2. Shakouri SK , Eftekharsadat B , Salekzamani Y , Taheragdam AK , Abedi F. *Determination of terminal latency index in carpal tunnel syndrome. Medical Journal of Tabriz University of Medical Sciences* ,28(3) :69-71 , 2006.
3. Salekzamani Y , Shakouri SK , Hoseinzadeh n , Shamizadeh M . *Successful use of an ARGO in a paraplegic patient : Case report. Urmia Medical Journal* , 18(3): 603-605 ,2007.
4. Salekzamani Y , Shakouri SK , Bahrami A , Mobaseri M , Gasemi M , Ahadi T , Ganjalizade S. *Comparison of balance and bone density in athletic and non-athletic postmenopausal women. Medical Journal of Tabriz University of Medical Sciences* ,30(2) :59-62 , 2008.
5. Salekzamani Y, Radmanesh M , Shakouri SK , Eslamian f , Akhbarzadeh M , Fallahpour H , Houshyar Y . *Evaluation of bone mineral density in carpet weavers in Tabriz. JAUMS* , 7(3) :208-216 ,2009.
6. Shakouri SK , Salekzamani Y , Fatemi A. *Proprioception involvement in the knee osteoarthritis and its relation with pain severity and radiologic findings. Medical Journal of Tabriz University of Medical Sciences* ,31(4) :45-49 , 2010.
7. Shakouri Sk , Salekzamani Y , Taheragdam AK , Alizadeh n , Ganjeifar v , Oskouie M , Nakhjovani MR. *Effect of pregnancy on peripheral nervous system. Medical Journal of Tabriz University of Medical Sciences* ,32(5) :49-52 , 2010.
- 8.
9. SHAKOURI SK., M.D, FARAHANI M., M.D, PARVIZI R., M.D, JODATI AR., M.D “*Effects of Cardiac Rehabilitation in Patients after Coronary Bypass Grafting “ Cardiac rehabilitation research center, shahid madani heart hospital, Tabriz University of sciences Med, Jour. Tabriz University. 1382 – 59(62-65)*

10. SHAKOURI SK., M.D, Shimia M., M.D., Eftekharsadat B., M.D., Yazdani S., M.D. "A case Report of intraoperative monitoring during the spine surgery by means of Somatosensory Evoked Potentials" *Med. Jour. Hamadan University*. 1384 – 4(64-67)
11. SHAKOURI K., M.D, Khandaghi r, MD, Kianmehr A, MD "Kearns-sayer syndrome a kind of mitochondrial myopathy: a case report " *Med. Jour. Tabriz University*. 1383-86(76-78)
12. SHAKOURI S.K., M.D., Bojdi A., MD., Rahbar M., MD "Influence of Sterilizable, Concentric needle electrodes on muscle enzyme serum levels (CPK, LDH)" *Med. Jour. Tabriz University*. 1384- 27(2)- (47-50)
13. SHAKOURI S. K., M.D , SHimia M, MD, Arkani H, MD, Toopchizadeh V, MD, Maleki K, MD, Dastgiri, "Comparison of blink reflex in healthy persons and chronic renal failure patients" *Med. Jour. Ardabil University*. 1385- 6(1)- (44-46)
14. SHAKOURI SK, M.D, M.Rahbar, M.D., M.S.MOSTOFI.M.D., A. BAHRAMI, M.D. "CTS IN PAINET'S WITH ACROMEGALY" *Med. Jour. Tabriz University*. 1382-59(55-58)
15. SHAKOURI SK, M.D , Navali MD, Mogadam V MD "Uncommon Manifestation of Duptren's Contracture" *Med. Jour. Tabriz University*. 1385- 28(2)- (127-129)
16. Jodat AR., MD., SHakouri SK, M.D., AH Shakeri, M.D., F Eslamian, M.D "FFECT OF RADIAL ARTERY HARVES IN CORONARY ARTEY BY PASS GRAFTING ON FOREARM BLOOD FLOOW" *Med. Jour. Tabriz University*
17. SHAKOURI SK., M.D, Purabbas R, MSD, Hajidizaji R DDS. "PREVALENCE AND RISK FACTOR OF MUSCULOSKELETAL DISORDER AMONG DENTIST IN TABRIZ." *Med. Jour. Tabriz University*. 1383- 64(34-39)
18. Oshib, M.D., SHAKOURI SK, M.D ., Topchizadeh, M.D., Shimia M, MD "IDENTIFICATION OF CERVICAL RADICULOPATHY BY ROOT STIMULATION." *Med. Jour. Tabriz University*. 1384- 27(2)- (17-22)
19. SHAKOURI SK, M.D., Eftekharsadat B, M.D., Salek zamani Y, M.D., Taheragdam A, M.D., Abedi F, M.D., "Determination of terminal latency Index in carpal tunnel synd.
20. *Published Med. Jour. Tabriz University*. 1385- 28(3)- (69-72)"
21. Rahbar M, M.D., SHAKOURI SK, M.D., Shimia M, Yazdani S. "Prevalence of carpal tunnel syndrome in patients with cervical radiculopathy." *Med. Jour. Tabriz University*. 1385- 28(4)- (59-64)
22. SHAKOURI SK, MD ,PASHAPOOR A, MD ,HOSEIN ZADEH N, MD "Prognostic value of Transcranial magnetic brain stimulation in motor function recovery in patient with acute ischemic stroke" *Med. Jour. Tabriz University*. 1386
23. B. Eftekharsadat M. D \*, M. Toofan tabrizi M. D, Shakouri SK .M. D, S. alavi milani M. D. L. Kazemi R.N. "The Effects of Cardiac Rehabilitation of Functional Capacity In Post Coronary Artery Bypass Graft Patients (CABG) *Med. Jour. Hamadan University*. 1386
24. Bina Eftekharsadat, MD: Seyed Kazem Shakouri, MD: Tannaz Ahadi, MD: Mahasti Alizadeh, MD, MPH: Mohammad Rahbar, MD: Mohammad Shimia, MD:

anjpoorsals Jafar, MD: "Validity of Some Electrodiagnostic Techniques in Carpal Tunnel Syndrome" *Med. Jour.* 1386

#### *Books and chapters*

1. Shakouri SK, Salekzamani Y, Vahedi S (2011) . *Essential exercise movements for neck and back health.* Tabriz: Ghazi Jahani Publishing. (In Persian).

#### *Other Publications*

*National standard developments (In Persian from international standards)*

1. Shakouri SK ;Salekzamani Y., Salekzamani M , Najafzadeh M , Nezami N ,Houshyar Y. *Prosthetics and Orthotics-Functional deficiencies-Description of the person to be treated with an orthosis , clinical objectives of treatment and functional requirements of the orthosis.* ISIRI 11343, 1<sup>st</sup> edition, 2009.
2. Salekzamani Y, Shakouri SK , Salekzamani M , Sadeghpour AR , Mohamadipayandeh E, Moienian SS , Mirzaie S , Najafzadeh M , Nori A , Houshyar Y. *Prosthetics and Orthotics – limb deficiencies – part 1 : Method of describing limb deficiencies present at birth.* ISIRI 12061-1 , 1<sup>st</sup> edition,2010.
3. Salekzamani Y, Shakouri SK , Salekzamani M , Sadeghpour AR , Mohamadipayandeh E, Moienian SS , Mirzaie S , Najafzadeh M , Nori A , Houshyar Y. *Prosthetics and Orthotics – limb deficiencies – part 2 : Method of describing lower limb amputation stumps.* ISIRI 12061-2 , 1<sup>st</sup> edition, 2010.
4. Shakouri SK ;Salekzamani Y., Salekzamani M , Sadeghpour AR , Mohamadipayandeh E, Moienian SS , Mirzaie S , Najafzadeh M , Nori A , Houshyar Y. *Prosthetics and Orthotics – limb deficiencies – part 3 : Method of describing upper limb amputation stumps.* ISIRI 12061-3 , 1<sup>st</sup> edition, 2010.
5. Shakouri SK ;Salekzamani Y., Salekzamani M , Sadeghpour AR , Mohamadipayandeh E, Moienian SS , Mirzaie S , Najafzadeh M , Nori A , Houshyar Y. *Prosthetics and Orthotics – limb deficiencies – part 4 : Description of causal conditions leading to amputation.* ISIRI 12061-4 , 1<sup>st</sup> edition,2010.
6. Salekzamani Y, Shakouri SK , Salekzamani M , Sadeghpour AR , Mohamadipayandeh E, Moienian SS , Mirzaie S , Najafzadeh M , Nori A , Houshyar Y. *Prosthetics and Orthotics – Categorization and description of external orthosis and orthotic components.* ISIRI 12062 , 1<sup>st</sup> edition,2010.
7. Shakouri SK ;Salekzamani Y., Salekzamani M , Sadeghpour AR , Mohamadipayandeh E, Moienian SS , Mirzaie S , Najafzadeh M , Nori A , Houshyar Y. *Prosthetics and Orthotics – Factors to be included when describing physical activity of a person who has had a lower limb amputation or who has a deficiency of a lower limb segment present at birth.* ISIRI 12063 , 1<sup>st</sup> edition,2010.
8. Shakouri SK ;Salekzamani Y., Salekzamani M , Sadeghpour AR , Mohamadipayandeh E, Moienian SS , Mirzaie S , Najafzadeh M , Nori A , Houshyar Y. *Prosthetics and Orthotics – Factors to be considered when specifying a prosthesis for a person who has had a lower limb amputation .* ISIRI 12064 , 1<sup>st</sup> edition,2010.
9. Shakouri SK ;Salekzamani Y. Salekzamani M , Sadeghpour AR , Mohamadipayandeh E, Moienian SS , Mirzaie S , Najafzadeh M , Nori A , Houshyar Y. *Prosthetics and Orthotics – Vocabulary- part 1 : normal gait.* ISIRI 12451-1 , 1<sup>st</sup> edition,2010.
10. Shakouri SK ;Salekzamani Y. Salekzamani M , Sadeghpour AR , Ganjeifar V , Mohamadipayandeh E, Moienian SS , Mehdipour N , Mirzaie S , Najafzadeh M , Nori A



- , Vahedi S, Houshyar Y. Guidelines for standards developers to address the needs of older persons and persons with disabilities. ISIRI 13041 , 1<sup>st</sup> edition,2011.
11. Salekzamani Y, Shakouri SK , Salekzamani M , Sadeghpour AR , Ganjeifar V , Mohamadipayandeh E, Moienian SS, Mirzaie S , Najafizadeh M , Nori A , Vahedi S, Houshyar Y. Implants for surgery- Wear of total intervertebral spinal disc prostheses – Part 1 : Loading and displacement parameters for wear testing and corresponding environmental conditions for test. ISIRI 13042-1, 1<sup>st</sup> edition, 2011.
  12. Shakouri SK ;Salekzamani Y., Salekzamani M , Sadeghpour AR , Ganjeifar V , Mohamadipayandeh E, Moienian SS, Mirzaie S , Najafizadeh M , Nori A , Vahedi S, Houshyar Y. Tips for assistive products for walking – requirements and test methods – Part 1 : Friction of tips . ISIRI 13043-1 , 1<sup>st</sup> edition,2011.

#### *Computer skill*

*I am good at computer, being able to use internet, do typing, making Power Point, etc.*

#### *Foreign Language :*

*I can read, write and speak English.*

*Dr. Shakouri MD 10/1/2006*

*Medical school,*

*Tabriz University of Medical Sciences, Tabriz, Iran.*

*Tel : +98 411 3352070*

*Fax: +98 411 3373954*

*WEBSITE : [WWW.SHAKOURI.NET](http://WWW.SHAKOURI.NET)*

# برنامه آموزشی درمانگاهی و طب مکمل بیمارستان شهید مدنی

دکتر سید کاظم شکوری

موضوعات:

۱- Manipulation

۲- Injection

۳- برنامه های آموزشی

۴- کلاسهای تئوری (Lecture) با مشارکت رزیدنتها با موضوعات:

- اصول اولیه manipulation
- روشهای مختلف manipulation
- اصول اولیه injection
- روشهای مختلف injection در مفاصل مختلف
- Injection تحت guide سونوگرافی

گروه هدف: رزیدنتهای طب فیزیکی و توانبخشی

زمان: روزهای زوج هفته

مکان: بیمارستان شهید مدنی

نحوه آموزش: کارگاه آموزشی

- روشهای عملی Manipulation

- روشهای عملی Injection

- نحوه کار با دستگاه سونوگرافی

راهنمای مطالعاتی دانشجوی: کتب رفرنس رشته طب فیزیکی و توانبخشی

راهنمای مطالعاتی استاد: کتب رفرنس رشته طب فیزیکی و توانبخشی

ارزشیابی:

- بر اساس میزان مشارکت رزیدنتهای در بحث ها

- امتحان شفاهی و عملی در پایان هر ماه در خصوص موضوعات فوق

## برنامه آموزشی درمانگاهی و بستری بیمارستان شهدا

دکتر سید کاظم شکوری

موضوعات:

- آشنایی با اصول اولیه Edx در آسیبهای عصبی
- نحوه معاینه بیماران ارتوپدی
- آشنایی با توانبخشی اولیه بیماران بعد از جراحی آرتروپلاستی هیپ و زانو

گروه هدف: رزیدنتهای طب فیزیکی و توانبخشی

زمان: روزهای یکشنبه و سه شنبه

مکان: بیمارستان شهدا – بخش بستری و سرپایی طب فیزیکی و توانبخشی

نحوه آموزش: آموزش بالینی همراه با پرسش و پاسخ

راهنمای مطالعاتی دانشجوی: کتب رفرنس رشته طب فیزیکی و توانبخشی

راهنمای مطالعاتی استاد: کتب رفرنس رشته طب فیزیکی و توانبخشی

ارزشیابی:

- میزان مشارکت رزیدنتها در بحث
- امتحان شفاهی آخر هر ماه

### فرم تدوین طرح درس

ارائه کننده: دکتر سید کاظم شکوری	زمان: ۱/۵ ساعت	گروه هدف: انترنها تعداد دانشجویان: ۸ نفر	موضوع جلسه: (رئوس مطلب) ۱- بیومکانیک عضلات ۲- دردهای عضلانی ۳- درمان طبی ۴- درمان توانبخشی	عنوان درس: توانبخشی دردهای میوفاسیال پیشنیاز: -
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هدف کلی درس:

ارزشیابی و فعالیتهای تکمیلی	نحوه ارائه درس (الگوی تدریس)	حیطه	اهداف رفتاری: (دانشجو پس از پایان درس قادر خواهد بود)
ارزشیابی در پایان دوره بصورت کتبی	<input type="checkbox"/> سخنرانی <input type="checkbox"/> شرکت دانشجویان در بحث بصورت پرسش و پاسخ <input checked="" type="checkbox"/> با استفاده از وسایل کمک آموزشی، وایت برد، اورهد، ویدئوپروژکتور		۱- تشخیص اختلالات بیومکانیکی ۲- تشخیص بیماریهای عضلانی اسکلتی ۳- درمان طبی بیماریهای عضلانی اسکلتی ۴- توانبخشی و تجویز ورزش
	راهنمای مطالعاتی استاد:		راهنمای مطالعاتی دانشجو:
	۱- کتاب دردهای میوفاسیال J. Travel ۲-		۱- کتاب دردهای میوفاسیال J. Travel ۲-

## فرم تدوین طرح درس

عنوان درس: آشنایی با اصول الکترودیباگنوزیس  پیشنهاد: -	موضوع جلسه: (رئوس مطلب) الکترودیباگنوزیس  ۱- اصول اولیه ۲- کاربردهای بالینی	گروه هدف: اکسترن  تعداد دانشجویان: ۸ نفر	زمان: ۱/۵ ساعت	ارائه کننده: دکتر سید کاظم شکوری
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هدف کلی درس:

اهداف رفتاری: (دانشجو پس از پایان درس قادر خواهد بود)	حیطه	نحوه ارائه درس (الگوی تدریس)	ارزشیابی و فعالیتهای تکمیلی
۱- آشنایی با اصول اولیه الکترودیباگنوزیس  ۲- اندیکاسیونهای و کنتراندیکاسیونهای الکترودیباگنوزیس  ۳-  ۴-	شناختی	<input type="checkbox"/> سخنرانی  <input checked="" type="checkbox"/> شرکت دانشجویان در بحث بصورت پرسش و پاسخ  <input checked="" type="checkbox"/> با استفاده از وسایل کمک آموزشی، وایت برد، اورهد، ویدئوپروژکتور	ارزشیابی در پایان دوره بصورت کتبی
راهنمای مطالعاتی دانشجو:		راهنمای مطالعاتی استاد:	
۱- کتاب Ernest Jonson		۱- کتاب Dimitru	

## فرم تدوین طرح درس

عنوان درس: آشنایی با اصول طب فیزیکی و توانبخشی پیشنیاز:	موضوع جلسه: (رئوس مطلب) الکترودیآگنوزیس ۱- اصول اولیه ۲- کاربردهای بالینی	گروه هدف: دانشجویان فیزیوتراپی تعداد دانشجویان : ۲۵ نفر	زمان: ۲ جلسه ۲ ساعته ارائه کننده: دکتر سید کاظم شکوری
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هدف کلی درس:

اهداف رفتاری: (دانشجو پس از پایان درس قادر خواهد بود)	حیطه	نحوه ارائه درس (الگوی تدریس)	ارزشیابی و فعالیتهای تکمیلی
۱- آشنایی با اصول اولیه الکترودیآگنوزیس ۲- اندیکاسیونهای و کنترااندیکاسیونهای الکترودیآگنوزیس ۳- ۴-		<input type="checkbox"/> سخنرانی <input checked="" type="checkbox"/> شرکت دانشجویان در بحث بصورت پرسش و پاسخ <input checked="" type="checkbox"/> با استفاده از وسایل کمک آموزشی، وایت برد، اورهد، ویدئوپروژکتور	ارزشیابی در پایان دوره بصورت کتبی
راهنمای مطالعاتی دانشجو:		راهنمای مطالعاتی استاد:	
۱- کتاب Ernest Jonson ۲-	۱- کتاب Dimitru ۲-		

## فرم برنامه هفتگی گروه طب فیزیکی و توانبخشی

دکتر سید کاظم شکوری

کنفرانس مشترک بین گروهی	مورتالیته موربیدیته	CPC	کنفرانس هفتگی	کلاسهای تئوری	درمانگاه	ژورنال کلاب	راند عمومی	ویزیت بخش	Morning	
-	-	-	-	-	۹-۱۴ (شهید مدنی)	۷/۳۰-۸/۳۰ (شهید مدنی)	-	-	-	شنبه
-	-	-	۷/۳۰-۸/۳۰ مقطع رزیدنتی	۷/۳۰-۸/۳۰ مقطع رزیدنتی	۹-۱۴ (ب شهدا)	-	-	۸-۱۰ (ب شهدا)	-	شنبه ۱
-	-	-	-	-	۹-۱۴ (شهید مدنی)	-	-	-	-	شنبه ۲
-	-	-	-	۸-۱۰ مقطع کارشناسی	۹-۱۴ (ب شهدا)	-	-	۸-۱۰ (ب شهدا)	-	شنبه ۳
-	-	-	۷/۳۰-۸/۳۰ مقطع رزیدنتی	۷/۳۰-۸/۳۰ مقطع رزیدنتی	۹-۱۴ (شهید مدنی)	-	-	-	-	شنبه ۴
-	-	-	-	۱۰-۱۲ مقطع اکسترنی	-	-	۸/۳۰-۱۱ (ب شهدا)	-	-	شنبه ۵